

# ETTI SIMON, FNP-C, PMHNP-BC

## PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER

Board Certified Psychiatric Mental Health Nurse Practitioner and Family Nurse Practitioner with expertise delivering quality care to patients in clinical, hospital, and community health settings. Well-qualified to conduct assessments, develop and implement plans of care, and treat child/adolescent patients with mental health disorders. Known for providing quality care in fast-paced, high-pressure, and team-driven health care environments. Strong diagnostic reasoning, clinical decision-making, and critical thinking abilities.

Core Competencies: Patient Assessments; Suicide Risk Assessments; Patient Diagnosis; Treatment Referrals; Plans of Care; Psychopharmacology; Psychiatric Treatment; Medication Management; Advanced Nursing Practice; Initial Evaluations & Follow-ups; Patient/Family Relations; Psychiatric Consultations/Resources; Preceptor/Mentor; Mindfulness Meditation; Mental Health Awareness Advocacy; Eliminating Mental Health Stigma; MAT Waiver Training for Opioid Use Disorders

## PROFESSIONAL EXPERIENCE

**PNM GENERAL CLINIC INC., Portales, NM** **2018 - Current**

### **Psychiatric Mental Health Nurse Practitioner**

Perform psychiatric assessments, engage in diagnoses of mental health and psychiatric conditions, and provide client-centered treatment to individuals with psychiatric disorders in an outpatient setting. Develop and execute comprehensive treatment plans in adherence with evidence-based guidelines. Prescribe medication in adherence with organizational protocols. Provide psychiatric consultative services to individuals in local emergency rooms and primary care clinics. Build rapport, demonstrate respect, identify individuals' personal values and needs, and provide care by guiding through healing and self-actualization. Educate clients and families on mental illness prognosis, treatment options, and medications.

- Established a new child/adolescent clinic within the department; partnered with community leaders, school members, and local law enforcement in developing a teen suicide/mental health screening program for the community.

**THE LTU HEALTH CENTER, Lubbock, TX** **2017 - 2018**

### **Board Certified Nurse Practitioner-Associate Faculty Member**

Engaged in thorough psychiatric mental health evaluations of adult and pediatric patients who presented with a wide range of psychiatric and substance abuse disorders. Diagnosed mental health and psychiatric conditions and delivered care to clients with psychiatric disorders. Worked in collaboration with child and adolescent psychiatrists to develop effective treatment plans. Prescribed psychiatric medications. Educated clients on disease prognosis, treatment, and medications.

- Interacted with clients' families; provided individual and family counseling to patients and family members.
- Monitored efficacy of interventions by managing clients' symptoms and medication administration.

**LT HEALTH CENTER, Lubbock, TX** **2016 - 2017**

### **APRN-Psychiatric Nurse Practitioner Intern, Department of Psychiatry**

Enrolled in the Medicaid Waiver Grant Program, a 12-month curriculum that educated Family Nurse Practitioners on best practices in providing mental health care in rural settings.

- Engaged in intensive training in psychiatry; prepared for delivery of client-centered care in community health centers, as well as general family and psychiatry practice settings.

**AR SHOWELL AREA MEDICAL CENTER, Muleshoe, TX** **2015**

### **Registered Nurse, Emergency Department | Total Patient Nurse, Medical Floor**

Adhered to quality standards in providing patient care. Closely monitored patients with acute conditions. Developed and implemented nursing care plans.

- Worked closely with top performing registered nursing staff.
- Utilized clinical decision making abilities and collaborative skills to achieve optimal patient outcomes.

**10ACCOLLADA HOME HEALTH CARE, Clovis, NM**

2013 - 2015

**Registered Nurse**

Applied outstanding skills, astute judgment, and a high level of personal accountability in the care of diverse patients. Conducted on-going assessments of patient/family needs and implemented interdisciplinary team care plans.

- Counseled patients in effective health maintenance and disease management.
- Complied with Medicare and Medicaid regulations and organizational quality standards to achieve optimal care.

**JVC COVES HEALTH SYSTEM, Lubbock, TX**

2009 - 2013

**Registered Nurse**

Demonstrated compassion and provided a warm and comfortable atmosphere for patients receiving chemotherapy, wound care, and bone marrow transplants in an infusion treatment facility.

- Employed leadership acumen to delegate staff nurse duties.
- Facilitated on-going assessments of patient and family needs; educate patients and expertly implemented interdisciplinary team care plans.

**EDUCATION & INTERNSHIP****XX CHRISTIAN UNIVERSITY, Abilene, TX**

2020

**DNP, Nursing****ET UNIVERSITY, Edinburg, TX**

2018

**Post-Masters Certificate, PMHNP | 4.0 GPA****CANYON XI UNIVERSITY, Canyon, TX**

2015

**Master of Science, Nursing | 3.74 GPA | Graduated with Honors from MSN NP Program****EASTERN RIM AREA UNIVERSITY, Portales, NM**

2012

**Bachelor of Science, Nursing | 4.0 GPA | Sigma International Honor Student**

Health Sciences Center, Department of Psychiatry, 1 Month Internship Program

**LICENSURE & CERTIFICATIONS**

Providers' Clinical Support System, MAT/American Academy of Addiction Psychiatry, 16 Hour MAT NP Waiver Course, 2018

American Psychiatric Nurses Association, Certificate of Continuing Education, MAT, 8 Hour Course, 2017

American Nurses Credentialing Center, MHNP-BC, 2017

American Academy of Nurse Practitioners, FNP-C 2014

Texas ARNP

DEA Schedule II-V- Active

Basic Life Support (BLS)

Advanced Cardiac Life Support (ACLS), 2019-Current

Pediatric Advanced Life Support (PALS), 2019-Current

*As a healthcare provider, I am committed to consistently delivering outstanding care, building trusting relationships, and working closely with patients and families to achieve optimal outcomes.*