



## INTERNAL MEDICINE, ENDOCRINOLOGY, & METABOLISM

Trusted and accomplished physician and clinician with a background distinguished by 10+ years of experience in teaching, training, and the advanced care of patients. Extensive experience in internal medicine with subspecialization in endocrinology, diabetes and metabolism, including managing hormonal assessments, endocrinology and metabolic cases, acute endocrine emergencies, diabetes disorders, general endocrinology, and metabolic bone disease. Language proficiencies include Arabic, English, and French.

### Endocrinology Expertise



- ▶ Serve as the KAA Health Specialty Diabetes Fellowship Program Director; demonstrate strong leadership skills as supervisor of fellowship teaching; coordinate fellowship teaching, schedule the teaching program and monitor postgraduate student progress to ensure efficacy of program. Counselor and advisor to Fellowship students.
- ▶ Strong administrator, with expertise in organizational development, quality management, and performance improvement.
- ▶ Dynamic teacher and trainer, skilled in leading undergraduate students both theoretically and clinically. Undergraduate and exam supervisor and moderator, well-versed in preparing final exam questions and leading final oral and clinical exams.
- ▶ Highly accomplished in directing complex, large-scale projects from concept through completion; apply leadership and multicultural team-building abilities to consistently achieve targeted results.

## PROFESSIONAL EXPERIENCE

**KAA HOSPITAL**, Jeddah, Saudi Arabia  
The top-ranked Arab university.

2008-Present

### Consultant of Internal Medicine, Endocrinology, and Diabetes, 2016-Present

Apply multidimensional perspective and medical best practices to serve as KAA Commission for Health Specialty (CFHS) Diabetes Fellowship Program Director; Teacher, Trainer and Demonstrator; and Physician and Clinician at this leading hospital comprised of 845 beds.

### Commission for Health Specialty Diabetes Fellowship Program Director

Serve as the hospital's representative of the Diabetes Fellowship Program at the KAA and as a key member of the recruitment committee in support of the Diabetes Fellowship Program.

- ▶ Implement and oversee the rigorous teaching program and ensure adherence to protocols mandated by the KAA.
- ▶ Ensure success of and manage all aspects of the training program. Confirm fellows comply with all program requirements.
- ▶ Devise plans and design challenging training rotations. Coordinate logistics and scheduling of the teaching program, ensuring its rigor.
- ▶ Counsel, advise, and oversee fellows. Monitor performance and progress of fellows and ensure program efficacy.

### Teacher, Trainer, and Demonstrator

Engage in a wide range of academic teaching and training, in support of medical students enrolled in years 4, 5, and 6 at King Fahd University (KFU).

- ▶ Challenge medical students through academic training, including table rounds, physical rounds, and formal lectures.

### Physician/Clinician

Provide advanced care to 15 outpatients in weekly clinical sessions and 25 inpatients each day within the hospital clinical teaching unit to cover rotation periods.

- ▶ Manage the care of patients with a range of complex medical illnesses by applying evidence-based medicine and medical best practices to perform comprehensive evaluations and formulate plans based on individual patient needs.
- ▶ Treat and manage diseases including, thyroid disorders, thyroid nodules, post-ablation thyroid cancer management, hyperparathyroidism, hypercalcemia, type 1 and 2 diabetes mellitus, pituitary disorders including post-operative care, bone health including osteoporosis, Paget's disease, adrenal nodules evaluation, and adrenal glands abnormalities.

**Quality Designee of Medical Department, 2017**

Selected to serve as the Quality Designee of Medical Department. Administered occurrence variance reporting.

- ▶ Identified and implemented a viable and appropriate long-term solution to address complaints and problems.

**Accreditation Canada, 2016-2017**

Served as team leader and a key member of Accreditation Canada for the Department of Medicine. Worked in collaboration with the hospital's senior leadership to devise accreditation processes and procedures.

- ▶ Spearheaded advancement of the initiative and ensured that the hospital met the stated conditions and required organizational practices (ROPs) specified by Accreditation SXI Canada.
- ▶ Formulated and wrote standardized protocols, guidelines, and manuals for implementation across the Department of Medicine.
- ▶ Planned and executed quality control and improvement projects.
- ▶ Established processes to computerize patient medication dispensing and medication reconciliation.
- ▶ Devised and implemented strategies to computerize patient discharge summaries.
- ▶ Revised and adjusted patient admission data and information to align with accreditation requirements.

**Internal Medicine Specialist & Fellow in Endocrinology & Metabolism, 2013-2016**

Cared for both outpatients/inpatients as a physician and clinician. Managed upward of 100 endocrinology patients each day.

- ▶ Delivered advanced care to outpatients in clinic sessions and inpatients in the ER, within the ward, and in the ICU.
- ▶ Demonstrated expertise in diagnosis, treatment, and management of diverse internal medicine cases.

**Internal Medicine Resident, Department of Medicine, 2008-2012**

Engaged in clinical rotations, as part of the Internal Medicine training program for 48 months. Studied endocrinology for 3 months, infectious diseases for 3 months, gastroenterology for 2 months, and external otolaryngology for 2 months during clinical rotations at KF Specialist Hospital (KFSH), Jeddah. Applied clinical best practices and sound judgment in taking patient histories and performing examinations on new admissions and inpatients; presented each case and discussed management of patients with the attending physician. Assisted in outpatient clinics. Covered on-call rotations. Designated clinical exam organizer and coordinator.

- ▶ Cared for inpatients, outpatients, and ER and ICU patients and covered a wide range of medicine and subspecialties including pulmonary and respiratory medicine, cardiology, gastroenterology, rheumatology, general medicine, neurology, nephrology, endocrinology, infectious diseases, hematology, and oncology during rotation.

**KA ARMED FORCES HOSPITAL, Jeddah, Saudi Arabia**

2006-2007

**Intern, House Officer**

Met quality of care standards at this 420-bed hospital that provides a range of primary, secondary, and tertiary medical services. Performed compulsory rotational training over 12 months, including 3 months of surgery, 2 months of OB/GYN, 2 months of pediatrics, and 1 month of ophthalmology. Assisted in outpatient clinics. Reviewed and discussed cases with senior residents and consultants. Delivered care to outpatient and inpatient patients in medical wards. Performed on-call coverage.

**KI UNIVERSITY HOSPITAL (KIUH), Jeddah, Saudi Arabia**

2006

**Intern, House Officer**

Engaged in compulsory rotational training in pulmonary and respiratory medicine, cardiology, gastroenterology, rheumatology, general medicine, neurology, nephrology, endocrinology, infectious diseases, hematology, and oncology.

**EDUCATION & QUALIFICATIONS****RSA COMMISSION OF HEALTH, Jeddah, Saudi Arabia  
Fellowship in Endocrinology & Metabolism (SF - Endo)**

December 2015

**RSA COMMISSION OF HEALTH, Jeddah, Saudi Arabia  
Board in Internal Medicine (SB - Med)**

November 2012

**KI UNIVERSITY, FACILITY OF MEDICINE, Jeddah, Saudi Arabia  
Internship Certificate**

March 2007

**KI UNIVERSITY, Facility of Medicine, Jeddah, Saudi Arabia  
Bachelor of Medicine & Surgery (MBBS)**

January 2006

**PROFESSIONAL MEMBERSHIPS & AFFILIATIONS**

Member, SA Obesity Medicine Association  
Member, SA College of Physicians  
Member, SA Diabetes Association

Member, SA Scientific Diabetes Society  
Member, SA Diabetes and Endocrine Association  
Member, SA Association of Clinical Endocrinologists